

Masses

participant

name Griffin, Roger (GBR)
club CAMBRIDGE UNIV H& H
category 70+
runner no 30573
Est.Finish -

race info

START TIME 09:45:00

splits

SPLIT	TIME	DIFF	MIN/KM	KM/H
5K	00:26:19	26:19	05:16	11.40
10K	00:51:57	25:38	05:08	11.70
15K	01:18:35	26:38	05:20	11.26
20K	01:44:52	26:17	05:16	11.41
HALF	01:50:41	05:49	05:19	11.32
25K	02:13:10	22:29	05:46	10.42
30K	02:41:17	28:07	05:38	10.67
35K	03:10:10	28:53	05:47	10.39
40K	03:40:51	30:41	06:09	9.78
finish time	03:53:25	12:34	05:44	10.48

finish details

place (M/W) 6330
place (ag) 4
place (overall) 7723
finish time 03:53:25