

1. Start down The High, SO at tfl and past tower, onto Magdalen Bridge bear L thro large rdbt (“The Plain”), SO at first tfl
 Soon half-L at tfl (trees and stone wall on RHS), along Marston Road to L and R at adjacent rdbts, 60m elev, 680 metres to
 (care!) fork R to cross Oxford ring road on bridge, imm R SP ELSFIELD
 Continue up past ELSFIELD church, speed humps, large bends to right and left
 R at T (SP Stanton St John) onto B4027, 1 mile,
 L SP HORTON-CUM-STUDLEY at staggered Xrds.

(6.0 miles)

2. past TV mast (Beckley) at 129m, 64m of descent down Woodperry Hill to HORTON-CUM-STUDLEY: Follow sharp 90deg right, up Horton Hill, then L at T SP BOARSTALL, into Buckinghamshire, over M40, through BOARSTALL to R at T onto B4011 (SP Brill); 350 metres to...
 L (SP Brill), Continue to Touchbridge Cottage, Follow 90deg left and climb SO at Xrds (summit 153m elev), descend to second Xrds (care!)
 SO (SP Wotton), more descent, over rly to
 L at T SP ASHENDON, then 0.67 mile to
 Follow 90deg right and past old rly stn (used to be a bridge over road).

(16.2 miles)

3. Climb from 70m to 156m elev, 1-in-7 mid-way, up into ASHENDON
 L at T SP WESTCOTT after summit, fast downhill to 85m, WESTCOTT
 R at T onto A41 (SP Aylesbury), (past motorbike showrooms), 0.63 mile to...
 L SP QUAINTON, and Buckinghamshire Railway Centre



cross Great Central Railway (disused main line, preserved station visible)

[Coffee-shop: R/L in Quainton into The Green (Tue-Sat 08-17h, Sun 09-15h, Mon closed, BH 10-14h)]

R at T in QUAINTON, SP WHITCHURCH, 1.2 miles to
 L at Xrds SP PITCHCOTT, ascend Pitchcott Hill, thro PITCHCOTT to 158m elev
 In WHITCHURCH, L at mini-rdbt (SP Buckingham) onto A413 uphill.

(27.1 miles)

4. After blind summit, road descends sharply: prepare early for next (care!)
 R onto minor road SP DUNTON, through DUNTON and LITTLECOTE
 L at T (after climb) in STEWKLEY, 750 metres to...
 R SP SOULBURY onto B4032 at triangular junction; 2.1 miles to SOULBURY
 L at T SP GREAT BRICKHILL, large downhill over bypass & rly to Xrds
 L/R across C-road (old A4146), cross Grand Union Canal, and river Ouzel at 72m elev.

(35.5 miles)

5. Climb Partridge Hill, into GREAT BRICKHILL; after access roads on left
 R SP LITTLE BRICKHILL (really SO on left bend at Old Red Lion pub)
 Ascend Pound Hill, 161m elev, drop 45m down and climb back up to
 R at T in LITTLE BRICKHILL, SP WOBURN, 250 metres, L at rdbt
 cross A5 on bridge, Follow to right, thru forest and into Bedfordshire
 L at T SP WOBURN, 0.78 mile, arrive at Xrds in WOBURN
 SO (L/R) across A4012, into Park Street; church, cattle grids
 climb in WOBURN PARK up to 141m summit (half-way point)
 curves L over 3rd cattle grid (care!) on descent, Continue.

(45.0 miles)

6. Cross bridge over M1, Follow sharp zig-zag thro STEPPINGLEY to
 SO at rdbt, SO at 2x new mini-rdbts, underneath rly bridge (tfl) to

R (2nd exit) at rdbt, 160 metres to “One-o-One” rdbt

[Water, toilet, shop: R (3rd exit) from One-o-One & next R into Shell petrol station (24h/7d);
snacks, cash-machine, toilet (door is locked at 23h, then no toilet, window service only);
Flitwick railway station is 1 mile up this road]

L at One-o-One rdbt, SO over 2 mini-rdbts and up into AMPTHILL

[Cottage Bakery on RHS (Mon-Fri 0730-1630, Sat 0730-13h, Sun closed)]

[Pub “The Old Sun” on RHS (Sun-Thu noon-2330, Fri-Sat noon-0030)]

[Fish & Chip and Kebab shop on RHS (apparently open until 22h, 23h Fri-Sat)]

Arrive at double-mini-rdbt

[Waitrose: R and L at mini-rdbts and stop on R after 120 metres (M-F 08-21h, Sat 20h, Sun 11-17)]

R and R thro the mini-rdbts.

[Toilets and Water (Mon-Sat 08-17h, Sun 10-17h): L imm after zebra crossing, Follow 1-way road]

(48.3 miles)

7. Keep L at rdbt on climb, over 2nd crest, then 600 metres to (Look!)

2nd L in MAULDEN, road-name The Brache, (SP Haynes, Scenic Route)

1.8 miles to L at T in HAYNES WEST END (downhill approach), Follow right to

L at T onto A6, 110 metres, R (SP Scenic Route), into HAYNES CHURCH END

100m elev, Continue, descent under trees, pretty, STANDALONE WARREN

small climb to R at T SP OLD WARDEN (Scenic Route), soon

SO across A600, Continue 650 metres and Follow left, trees on right

Follow left under (marvellous skew rly) bridge, past old stn (private house).

(56.1 miles)

8. Follow 90deg right into OLD WARDEN, SO SP ICKWELL; leave OLD WARDEN

800 metres to L (care, tightens!) SP ICKWELL, descends;

2.54 miles through ICKWELL, NORTHILL, THORNCOTE GREEN, to

R at T (SP U. Caldecote), 200 metres to



L opposite Brook End House (SP “Unsuitable for Heavy Goods Vehicles”)

0.54 mile to R (no SP) into The Green

After 440 metres, Follow 90deg left into Orchard Road, to A1

R at T (care!) onto A1 (SP London), imm filter L into New Road

[T*sco: shortly before stn (Mon-Sat 07-23h, Sun 10-16h), has toilets]

Continue past SANDY station, 23m elev, up to new mini-rdbt (was T-jct)

R at new mini-rdbt onto B1042, cross big rly on bridge, SO at 2nd mini-rdbt, imm

L SP EVERTON, road-name Swaden.

(62.9 miles)

9. Climb, Follow right under trees, Follow right in EVERTON, 660 metres to

L SP GAMLINGAY, cross from Bedfordshire into Cambridgeshire before

Follow through Xrds on right bend at GAMLINGAY THE HEATH

SO at Xrds in GAMLINGAY, Follow past church and up onto ridge, down into

(70.4 miles)

10. Sharp R at T (care!) onto B1046 SP LONGSTOWE, 79m elev, pass water-tower

Follow right in LONGSTOWE, to SO (R/L) across A1198

Continue on B1046 thro TOFT, over Greenwich Meridian, COMBERTON, BARTON, to

(80.8 miles)

11. L at T onto A603 SP CAMBRIDGE

SO at rdbt, over M11 and down to SO (fast!, 2nd exit) at large rdbt

Continue into CAMBRIDGE; could use bike path on LHS until boundary

Follow 90deg left at tfl, grass on RHS, SO at rdbt

R at tfl into Silver Street, past rising bollards, then

L on 90deg right bend, into Trumpington Street, 10m elev;

Continue along King’s Parade to Stop at Great St Mary’s Church on right.

(83.9 miles)