Commands (usually one manoeuvre at a time, command at start of line)

R = Turn Right L = Turn Left

SO = Straight On. "SO (R/L)" describes a staggered crossroads where the

route involves making a right turn, then a left turn.

Follow = follow the major road, i.e. that with precedence in motoring law. NB

priorities are not necessarily as maps would suggest.

Continue = just ride down the road, until the next instruction becomes relevant.

Description keywords

C-road = a thicker yellow road on Ordnance Survey 1:50,000 "Landranger" maps

D-road = a thinner yellow road on Landranger maps

SP = SignPosted to...

tfl = traffic lights (at junction, NOT pedestrian crossing)

rdbt = roundabout T = T-junction

imm = immediately

90deg = 90-degree corner

RHS = right-hand side

LHS = left-hand side

thro = through

Xrds = cross-roads (applicable whether or not a Give Way is encountered)

rly = railway stn = station

elev = elevation = height above sea level

(care!) = warning of a manoeuvre requiring extra care to complete safely

(Look!) = flagging-up of a turning which is easily missed

Notes

"R" and "L" ALWAYS involve NOT Following!

A T-junction is defined as one where the road you are on comes to an end, and you have to Give Way and turn either right or left.

CAPITALS are used ONLY for names of towns & villages which are visited. SignPosts to places NOT visited are (in brackets).

"right", "left" are NOT commands, descriptive only. Likewise RHS, LHS.

"right" ALWAYS applies to a direction, NEVER refers to completeness (consider "Go right into the village"!)

Amenities:

[Directions to useful amenities (water, food, toilet) are in indented squared brackets like this. To regain route, retrace steps (but with due regard for one-way streets etc!), and then comply with the instruction following.]

Cumulative mileages are shown (in brackets) between paragraphs, and refer to the point reached after completing the last instruction.

Vertical distances (e.g. elevations) are in metres, and shown as "m". Travel distances up to 800 metres are shown in metres, shown "metres". Greater distances are shown in miles, shown "miles".

Additional information about a hazard that carries the "(care!)" keyword may be inserted before its exclamation-mark.

Items under review or awaiting confirmation are shown {in curly brackets}.